

The STAR Team (Supportive Treatment And Recovery)
The Becton Centre for Children & Young People
Sevenairs Road
Beighton
SHEFFIELD
S20 1NZ
Tel: (0114) 3053106
Consultant: Dr Russell Birkett

Dear School

I am writing to introduce our team, The STAR (Support Treatment and Recovery) team are based at Sheffield Children's Hospital. We provide a rapid mental health assessment to people who are admitted to the Emergency Department or wards, when they present in an **urgent Mental Health Crisis**.

We are a team made up of different professionals (such as Mental Health Nurses, a Psychiatrist and administrative staff). We work as part of wider CAMHS (Child and adolescent mental health services). However we can not make fast track referrals to the CAMHS Community teams and when we make referrals to CAMHS these referrals are considered through the same process as all referrals into the service.

Referrals to our service can only be made by staff at the Children's Hospital once they have assessed patients and deemed medically fit for discharge (do not, or no longer require medical treatment). Referrals can also be made from Northern General Hospital Liaison Psychiatry team, for 16-18 year olds requiring follow-up treatment for urgent Mental Health Crisis presentations, again one the patient is medically fit for discharge.

We will provide a Mental health assessment for the above and speak with young people and their families to assess the current risk and make a crisis plan before discharging the young person home. We do not provide long term support and are limited to the input we can provide, our main focus is to assess the presenting risk. We can also sign post to suitable support agencies and make referrals to MAST and CAMHS and these will join the waiting list as appropriate.

Best wishes



Leanne Simmonite
Patient Pathway Co-ordinator
The STAR Team

Ruth Brown
Chief Executive



Sarah Jones
Chair

Concerns for Child/young person with Mental health Presentation

