

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY


FRIDAY

MAIN #1



Crunchy Crouton
Mac & Cheese

Pork, Beef or Chicken
Enchilada (*choose one*) with Rice



Roast Gammon, Roast
Beef or Roast Turkey
(*choose one*), New
Potatoes, Seasonal
Vegetables & Gravy



Jerk Chicken with Rice
and Peas and Pineapple
Slaw

Chip Shop Fish or
Sausage with
Chips, Mushy Peas
and Gravy/ Curry
Sauce

MAIN #2



Bang Bang
Cauliflower Mac &
Cheese

Quorn Chilli Loaded
Wedges



Roasted Vegetable
Filo Pastry Tart with
New Potatoes &
Seasonal
Vegetables




Curried Squash,
Sweet Potato &
Butterbean Stew with
Rice and Peas &
Pineapple Slaw



Chip Shop Vegan
Sausage with
Chips, Mushy Peas
and Gravy/ Curry
Sauce



HANDHELD

Chicken Wings

Sausage Roll

Chicken Wrap

Bacon & Cheese
Flatbread

Veggie Pitta Pizza

BOWLED OVER

Rice Bowl

Pasta Kitchen

Vegetarian
Noodle Street

Loaded Nachos

Pasta Kitchen

MODERN BAKERY

Pineapple Upside
Down Cake

Chocolate Crunch
Cake

Summer Fruit Crumble
with Custard

Warmed Jamaican
Ginger Cake with Ice
Cream or Custard

Iced Sponge Cake

SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED
POTATOES WITH A VARIETY OF TOPPING
FOR YOU TO CHOOSE FROM!

SOUP STATION

COME AND TRY OUR HOME-
MADE SOUPS, AVAILABLE DAILY!

MENU KEY



- IM VEGAN!



- ADDED PLANT
POWER

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

MAIN #1

Vegetable Chow Mein

 Chicken Souvlaki with Greek Salads

Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes


 Chicken Tikka Masala with Rice

Breaded Fish, Chips & Garden Peas



MAIN #2

Sweet and Sour Vegetables with Rice

 Feta, Honey and Spinach Parcel with Greek Salads

Vegan Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes 

 Sweet Potato, Chickpea & Spinach Curry with Rice 

Cheese and Leek Frittata with Chips and Garden Peas

HANDHELD

Selection of Paninis

Sausage Roll

Chicken Wrap

Bagel Pizza

Chicken Quesadilla

BOWLED OVER

Rice Bowl

Pasta Kitchen

Noodle Street

Pasta Kitchen

Loaded Nachos

MODERN BAKERY

Chocolate Sponge Pudding

Custard Tart with Mixed Berry Compote

Sticky Toffee Apple Crumble and Custard


Jam and Coconut Sponge

Oaty Flapjack 

SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED POTATOES WITH A VARIETY OF TOPPING FOR YOU TO CHOOSE FROM!

SOUP STATION

COME AND TRY OUR HOME-MADE SOUPS, AVAILABLE WITH  ADDED PLANT POWER

MENU KEY



- IM VEGAN!

ALLERGI

PLEASE SPEAK TO A MEMBER OF OUR STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT IS IN OUR FOOD DISHES. WE CAN HELP YOU CHOOSE FROM OUR AVAILABLE

WEEK THREE


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

MAIN #1

Crunchy Topped
Tomato Pasta Bake
with Roasted
Vegetables 

THE MEXICAN KITCHEN
Spicy Mexican Chicken
with Rice and Sides

Beef Lasagne with
Garlic Bread
and Salad 

**FIESTA
ESPANOL**
Chicken Paella with
Patatas Bravas and
Salads

Fish and Chips with
Garden Peas or Baked
Beans

MAIN #2

Vegetarian Toad in the
Hole with Mashed
Potatoes & Gravy

THE MEXICAN KITCHEN
Vegan Chilli with Rice
and Sides 

Vegetable Ragu with
Garlic Bread and
Spaghetti 

**FIESTA
ESPANOL**
Spanish Tortilla with
Patatas Bravas and
Salads

Vegetarian Burger and
Chips with Garden Peas
or Baked Beans 

HANDHELD

Selection of Wraps

Pitta Pizza

Chicken Wrap

Selection of Paninis

Sausage Roll

BOWLED OVER

Rice Bowl

Pasta Kitchen

Rice Bowl

Noodle Street

Pasta Kitchen

MODERN BAKERY

Chocolate Orange
Cookie 

Apple Pie
with Cream

Fruit Muffins

Peach Cake

Chocolate Brownie

SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED
POTATOES WITH A VARIETY OF TOPPING
FOR YOU TO CHOOSE FROM!

SOUP STATION

COME AND TRY OUR HOME-
MADE SOUPS, AVAILABLE WITH  ADDED PLANT
POWER

MENU KEY



- IM VEGAN!

ALLERGI

PLEASE SPEAK TO A MEMBER OF
STAFF IF YOU HAVE AN ALLERGY AND NEED TO
KNOW WHAT IS INSIDE OUR FOOD DISHES. THE
ONLY WAY TO KNOW IS TO ASK ABOUT
YOU OF YOUR AVAILABLE