



Outwood Academy City – Online Timetable

To support you to make the most of your online learning we are making some changes. These are designed to make the workload manageable, the work easy to follow, and ultimately for you to keep learning well at home. To support you, from the 1st June we will:

- 1) Move to provide 15-hours of high-quality learning opportunities with regular online assessment/quizzing to ensure all students still make progress through the curriculum.
- 2) Allow you time from Monday 18th May to catch up missing work as we move to new work being set from Monday 1st June.
- 3) Set work that is easier to follow and easier to learn from. This should mean that you understand more of what you've been set and make better progress.
- 4) Provide frequent and supportive feedback. Your teachers will make sure you've done the work and help you when you need it.



Outwood Academy City – Online Timetable

Key Stage 3					Key Stage 4					Y11
Subject	Hours	Day Work Set and Collected			Subject	Hours	Day Work Set and Collected			Our Commitment to You
English	3	Tuesday			English	3	Tuesday			<p>You will need to continue to study because:</p> <ul style="list-style-type: none"> - You might need to resit one of your Y11 courses if you don't get the grade you want/need - You want to be confident at KS4 so you are prepared for further education - You need to develop yourself so you are more employable. <p>To support you we will:</p> <ul style="list-style-type: none"> - Provide revision work, resources, past exam papers - Provide bridging work for your further education courses - Provide feedback if you hand in work
Maths	3	Monday (1hr)	Wednesday (1hr)	Friday (1hr)			Maths	3	Monday (1hr)	
Science	2	Thursday			Science	3			Thursday	
History	1	Thursday					Option A	2	Monday	
Geography	1	Monday			Option B	2			Wednesday	
MFL	1	Friday					Option C	2	Friday	
Music	1 per fortnight	Monday			Total	13.5			Total	
Art	1 per fortnight	Wednesday					Total	15	Total	
Drama	1 per fortnight	Wednesday								
DT	1 per fortnight	Wednesday								
PE	1 per fortnight	Wednesday								
Computing	1 per fortnight	Friday								
Total		13.5			Total		15			



Outwood Academy City – KS3 Example Timetable

This is how you could organise your time...	Monday	Tuesday		Wednesday	Thursday	Friday	
Session 1	1hr Science	30mins DT	30mins PE	1hr English	1hr English	30mins Music	30mins Drama
Session 2	1hr English	1hr Science		1hr Maths	1hr Geography	1hr Maths	
Session 3	1hr Maths	1hr History		1hr Science	1hr Spanish	30mins Computing	30mins Art
Session 4	20mins VMG Home Learning	20mins VMG Home Learning		20mins VMG Home Learning	20mins VMG Home Learning	20mins VMG Home Learning	



Outwood Academy City – KS4 Example Timetable

This is how you could organise your time...	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1	1hr Maths	1hr Option A	1hr Science	1hr English	1hr Option C
Session 2	1hr English	1hr Option B	1hr Maths	1hr Science	1hr Option A
Session 3	1hr Science	1hr English	1hr Option C	1hr Option B	1hr Maths
Session 4	20mins VMG Home Learning	20mins VMG Home Learning	20mins VMG Home Learning	20mins VMG Home Learning	20mins VMG Home Learning



Our Advice

How to make the most of your online time at home

Before	Eat breakfast and eat at regular times during the day	Make a timetable and follow it so you get a routine	Drink lots of water
During	Turn of your phone and remove other distractions	Find a quiet and tidy place to work	Work for 45 minutes and then take a break of 15 minutes for every hour that you work
After	Tidy up your work space so it is ready for you when you come back the next day	Exercise for an hour. Either a fast walk, run, or bike ride are good things to do	Go to bed and get up at the same time every day - you will need around 9hrs of sleep